

# *Auric Energy Clearing*

*“Anything can be healed.  
The cure for any particular problem  
is always going to be unique to the person that has it.”*

— Archangel Raphael

The Archangels and Mother Gaia teach us to clear toxic energy from our auric energy fields. In addition to doing our Protective Bubble and Sacred Space Clearing, Gaia says we need to clear the toxic energy from our bodies on a regular basis. Metallic elements belong in her body, not in humans, and some not even in hers.

Whenever you feel burdened, or have been exposed to toxic energy, take a moment to clear your energy and balance your chakras. Visualize this auric energy clearing exercise for yourself and for others. Use your imagination, trust your intuition, and embrace your self-awareness.

1. Magnetic Rainbow Spiral: up from Mother Gaia – dislodges metallic elements.
2. Shower of Light: down from Universal Energy – washes elements out of the aura.
3. Magnetic Net: from Archangel Michael – removes elements not intended for Gaia.
4. Frozen Wash: soothing arctic blast – neutralizes nanoparticles, renders them inert.
5. Cosmic Vac: gentle magnetic pull from Archangel Michael –gathers toxic particles.
6. Color Flash: quickly change aura color – identifies hidden bits and bots to remove.
7. Molten Bath: reddish honey liquid from Gaia – removes imprints, restores cells.
8. Align Chakras: spin each chakra – sets perfect cadence, sound, tone, and color.

Finish with your protective bubble. Practice this spiritual self-care exercise on a regular basis, especially when you have been exposed to toxic energy. This technique will clear and boost your auric energy field and align your chakras for optimal balance.

